

THE CORAM CIVIC ASSOCIATION
General Membership Meeting
July 23, 2018

The meeting was called to order at 7:40 PM by President Erma Gluck.
Board members present: Erma Gluck, Bob Gluck, Paul Ziems, Chris Reilly,
Vana McClure and Jean Hartling.
There were approximately 29 members and guests in attendance.

Opioid Overdose Prevention Program and Narcan Training Class:

The bulk of the meeting was devoted to this topic. Suffolk County Legislator Sarah Anker gave an overview of the opioid issue and the need for Narcan training. She introduced the speaker, Erik Zalewski, from the SC Department of Health Services who conducted the class.

Mr. Zalewski outlined the increasing incidence of overdose and death from opioids occurring in Suffolk County. He stressed the need for early discovery, early Narcan, early 911 help and early referral to treatment to save lives. He reviewed the specific signs of overdose: sleepiness, no response to pain, pin point pupils and bluish lips and fingernails as well as the stages of overdose that lead to death (slow breathing, no breathing, lack of oxygen, brain damage, heart stops). Mr. Zalewski then explained the components of the Narcan kit and demonstrated how to use it when an overdose is suspected. He noted that Narcan has no harmful effects and that the NYS Good Samaritan Law protects those who respond to help the injured. After using Narcan, the person helping should stimulate the one overdosed, call for help, check breathing, roll the individual to a recovery position on either side, report the incident and restock the Narcan kit.

Mr. Zalewski had participants of this class sign for and take the Narcan kits and answered any individual questions they had.

Announcements: Erma Gluck announced: 1. The upcoming 2nd Annual Community Concert to be held at Coram Fire Department Substation 2 on August 13, 7:00 to 10:00PM and 2. The ongoing Summer Sundays at Brookhaven Lab.

The 50/50 Drawing was won by Mildred Zimmermann who took home \$7.00.

The meeting was adjourned at 8:30PM.

Respectfully submitted,
Jean Hartling
Recording Secretary