



ED BETZ

The 200th zombie house targeted by the Town of Brookhaven was torn down in Coram on Wednesday, and the board voted to demolish more abandoned homes.

BROOKHAVEN

Town to tear down more vacant houses

BY DEON J. HAMPTON
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Brookhaven officials voted last week to demolish five more vacant and unsafe homes around town, the latest in a years-long initiative to crack down on blight.

The abandoned homes are in Bellport, Mastic Beach and Coram, and plans to demolish them come on the heels of town officials recently tearing down a 200th property.

All of the homes scheduled for demolition have been inspected by town engineers and deemed uninhabitable and unfit for occupancy.

Board members were prepared to vote on knocking down another Mastic Beach home on Neighborhood Road but delayed the action for a month after attorney Anna Martin, of Rochester-based Shapiro DiCaro & Barak, asked for a 90-day delay to sell the home.

"If that doesn't succeed for any reason," there wouldn't be any resistance to demolish the home, Martin told the board.

Council members granted the unnamed property owner the extension despite opposition from residents.

"From a civic point of view we have to take this house down," said Frank Fugarino, a Mastic Beach resident and president of the Pattersquash Creek Civic Association. "It's just not fair to the neighbors. This is another example of the residents getting the short end of the stick."

Board members were stern about taking the home down if it isn't sold quickly.

"For so long that I have been the council of this area, this house has been vacant," said Town Councilman Dan Panico, who represents the area. "It is ramshackled."

A public hearing to tear down a Mastic Beach residence on Gooseberry Road was adjourned.

Town officials also set a pair of public hearings for July 12 to knock down a home in Patchogue and another in Mastic Beach.

Man fatally shot at party

One guest at a North Bellport party was shot to death and another was wounded Sunday night, police said.

Officers responded about 11:25 p.m. to a report of a fight involving party guests "and a group of uninvited people" outside the home on Doane Avenue, and found victim James Skinner, 50, of Queens, Suffolk police said.

Skinner was pronounced dead at

Long Island Community Hospital in East Patchogue, police said.

The second unidentified man was treated at that hospital for injuries that were not life-threatening, police said.

Homicide detectives asked that anyone with information on the shooting call them at 631-852-6392, or Crime Stoppers at 800-220-8477.

—WILLIAM MURPHY

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Bone On Bone?

Have you been given this diagnosis? Have you been told your only option is total knee replacement surgery? Have you been told injections won't work or have you had injections and still have pain?

There is now a safe, non-surgical solution that has been FDA cleared and is available locally. It has been proven to effectively reduce and even eliminate knee pain. There is no down time and you're encouraged to remain active without interruption to your daily routine. And the best part is it's covered by most insurance, including Medicare. A revolutionary, new, non-surgical treatment called Viscosupplementation Therapy is providing hope and relief for many knee pain sufferers. Offered locally by the medical doctors at Joint Relief Associates of New York, this procedure is minimally invasive, requires no surgery and can provide immediate and long lasting results. Before we can discuss the benefits of visco supplementation therapy, let's consider the most recent facts.

Consider The Facts...

- A recent study shows that Viscosupplementation is more effective than oral NSAIDs and injectable corticosteroids.
- An alarming 1/3 of all knee replacement surgeries yield poor outcomes.
- A Canadian study shows that Viscosupplementation is more beneficial than arthroscopic surgery for knee arthritis.
- According to the American Gastroenterological Association, NSAIDs hospitalize over 100,000 people yearly and are responsible for over 16,500 deaths.
- As per the CDC, 1 in 5 adults suffer from arthritis and by 2030 and estimated 67 million Americans will be diagnosed with Osteoarthritis.

Clearly arthritis and knee pain have already reached epidemic proportions in the United States. If you are experiencing any of the following symptoms in your knees or joints chances are your pain is due to a condition called Osteoarthritis and you may be a candidate for care.

- **Pain:** Your joints may ache, or the pain may feel burning or sharp. For some people, the pain may come and go. Constant pain or pain while sleeping may be a sign that your arthritis is getting worse.
- **Stiffness:** When you have arthritis, getting up in the morning can be hard. Your joints may feel stiff and creaky for a short time, until you get moving. You may also get stiff from sitting.
- **Muscle Weakness:** The muscles around the joint may get weaker. This happens a lot with arthritis in the knee.
- **Swelling:** Arthritis can cause swelling in joints, making them feel tender and sore.
- **Deformed Joints:** Joints can start to look like they are the wrong shape.
- **Reducing Range of Motion and loss of Use in the Joint:** As your arthritis gets worse, you may not be able to fully bend, flex or extend your joints. Or you may not be able to use them at all.
- **Cracking and Creaking:** Your joints may make crunching, creaking sounds

If you are experiencing any of the above mentioned symptoms, do not worry, there is hope. Many of our patients who reported these very same symptoms have seen them reduced or even eliminated after receiving Viscosupplementation Therapy. Have you lost hope or been told surgery is your only option? Don't accept an ultimatum! If you or a loved one have been given an ultimatum by another doctor don't worry, you have options. Feel free to call anytime at 516-590-7410 and ask for your free second, third or fourth opinion. Until recently, the only advice for many suffering from knee and joint pain was to:

- Try exercising
- Try physical therapy
- Try pain pills
- Try muscle relaxers
- Try pain shots
- Try dangerous surgery

If you are tired of trying treatments that don't provide lasting relief, or you are afraid to try any of these treatments, don't worry there is another option. **If you have tried any of these treatments and experienced little to no relief you may still be a candidate for Viscosupplementation Therapy. Call 516-590-7410 and schedule a no cost consultation today!**

How Does This Therapy Work? To See is To Know!

The doctors at Joint Relief Associates use high tech x-ray equipment called fluoroscopy to identify problem areas with great accuracy. (Studies show that simply feeling for the joint space and injecting may not be as accurate as they should be and produce less than excellent results.) Viscosupplementation is then injected into the knee, acting like a lubricant and shock absorber attempting to restore the cushioning and lubricating properties of a normal, younger knee. Most patients compare the treatment to getting a flu shot and report little pain or discomfort.



The arrow on the far right of the above knee x-ray demonstrates loss of cartilage and a true bone on bone condition.

What Is Injected Into The Knee?

Hyaluronic Acid is a natural substance extracted from rooster combs and purified to mimic the lubricating substances that occur naturally in the joint called synovial fluid. In patients with osteoarthritis, synovial fluid "dries up" allowing the cartilage of the joint to rub against itself and other surfaces causing pain, inflammation, and in most cases damage to the joint. Think of this treatment like oiling a squeaky door hinge, once applied the squeaking stops and the door moves more freely.

Is This Treatment Covered By Insurance?

Yes! The good news for patients is that Medicare and most major insurances cover this.

Is This Treatment Right For You?

The American Academy of Rheumatology recommends the use of Visco supplementation Therapy for treatment of Osteoarthritis of the knee. But to be clear, not everyone with knee pain is a good candidate for this highly effective, NO surgery, NO drug method. Our doctors will let you know if you qualify for this safe and effective treatment. To accommodate demand, we have opened our schedule to the first 17 callers to receive a "no cost" consultation.



Real Patients, Real Stories, Real Relief!

"Prior to starting treatment at Joint Relief Associates of New York, I suffered with severe pain in both my right and left knees to the point where I couldn't walk steps at all. Now after treatment I'm totally pain free, playing golf 2-3x per week with no problem. My experience was excellent on all levels-very professional and efficient. I would recommend Joint Relief Associates of New York to anyone with knee problems..." -Dr. Allen P., Age 79, Hewlett, NY

So there you have it, surgery is no longer your only option, hope does exist, and this therapy has helped others like you. So what are you waiting for?

The possibilities of living pain free again and getting your life back on track is well worth the time and effort. Help is only a phone call away... **516-590-7410.**

- Covered by most insurance companies including Medicare
- Treatment is safe, effective and requires NO surgery
- Call Us Today to schedule your appointment!

"Risk Free" Consultation

Offer valid for any individual seeking relief of chronic joint and knee pain. Imaging, physical examination and other services necessary to determine candidacy may be required. Not all individuals will qualify for Hyalgan injection therapy. Call us Today!

 Joint Relief Associates
of New York

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