



# flavorful family forays

Delicious field trips kids will eat up

BY BETH WHITEHOUSE  
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Forget, just for a day, the struggle to get kids to eat peas or broccoli. There'll be no arguing with the kids when it comes to these food offerings, from "rolled" ice cream to customized doughnuts to milkshakes with a Pop-Tart sticking out of the top. Here are eight food excursions for families, including one to Hmart in Jericho, where it's possible the kids might choose something healthful.

## BAR A DESSERT

38 S. Ocean Ave., Patchogue; 631-730-8688, baradessert.com

Kids may be entertained watching this Thai-inspired "rolled" ice cream created before their eyes. An employee starts with an ice cream "batter" poured on what looks like a crepe pan. After spreading it around, the liquid freezes. A spatula is used to scrape the ice cream into rolls like a Yodel, and several are placed into a sundae cup. For the foodie kid, try the "Sesame Street," which features Japanese kuki black sesame seed-flavored ice cream topped with mango and strawberry-flavored Japanese candies made from sticky rice, whipped cream and a toasted marshmallow on a stick. For less flavor-adventurous kids, there's Oreo Hero, with Oreo, chocolate and toasted marshmallow; Why Not Chocolate with chocolate and cherry flavors and Strawberry Shanty made with fresh strawberries. Each rolled ice cream costs \$7.95, but kids and

**ON THE COVER** Brooke Reardon, 5, gets a lesson in decision-making at Smallcakes Cupcakery and Creamery in Patchogue.



**MANNY'S SWEET TREATS** "The Queen" vanilla milkshake topped with goodies is shared by friends Kaleigh Darby and Madison Porcelain.

students with IDs get 10 percent off and earn another 10 percent off if they post a photo of their treat on social media, says owner Ansen Wang.

**WHILE IN THE NEIGHBORHOOD** Walk over to the Patchogue-Medford Library's children's room, where the kids can play with puppets or a dollhouse, enjoy the train table or read children's books. 54-60 E. Main St., Patchogue; 631-654-4700, pmlib.org

## DOUGHOLOGY

45 Atlantic Ave., Lynbrook; 516-341-0882, nwsdy.li/dough  
Kids create customized

doughnuts at Doughology. "We handle the doughnuts behind the register," says co-owner Jackie Stiansen. Kids first pick a vanilla or chocolate doughnut. Then they choose from eight icing flavors, including vanilla, chocolate, strawberry, caramel, lemon and more. Lastly, they add three toppings such as sprinkles, M & M's, Reese's Peanut Butter Cups and more. Customized doughnuts are \$2.50 each.

**WHILE IN THE NEIGHBORHOOD** Burn off some energy on the multilevel play maze at Fun Station USA, 40 Rocklyn Ave., Lynbrook; 516-599-7757, all-day

passes range from \$12.95-\$17.95; funstationusa.com

## HMART

336 N. Broadway, Jericho; 516-513-5050, nj.hmart.com

Hmart can be a field trip of a shopping outing with the kids. They can choose Korean fried chicken at the food court, the produce section offers jackfruit and dragonfruit, and in the fish department they'll see dozens of types of whole fish.

**WHILE IN THE NEIGHBORHOOD** Check out the four-level adventure maze at Active Kidz Long Island, 200 Robbins Lane, Jericho; admission is \$13 ages 2

through 12. 516-621-6600, activekidzlongisland.com

## NORTH FORK CHOCOLATE COMPANY

740 Main Rd., Aquebogue; 631-779-2963, northforkchocolate.com

Sunday is Sunday Funday from 11 a.m. to 3 p.m. A waffle bar and chocolate fountain let families make waffle creations topped with strawberries, bananas and fruit syrups and dip pretzels, fruit, marshmallows and more into a three-tier chocolate fountain. They can play board games such as chess and Candy Land at their tables.



HMART The Jericho store's vast produce section offers jackfruit, a rarity on Long Island.

YEONG-LING YANG



DOUGHOLGY Kids create custom doughnuts and more.

NEWSDAY / ERICA MARCUS

It's \$12.95, with kids ages 2 to 8 paying \$8.95.

**WHILE IN THE NEIGHBORHOOD** Keep the kids busy at Safari Adventure, 1074 Pulaski St., Riverhead; admission is \$11.50 for ages 1 and 2, \$16.50 for ages 3 and older, infants and adults are free. 631-727-4386, [thesafariadventure.com](http://thesafariadventure.com)

**SMALLCAKES CUPCAKERY AND CREAMERY**

17 W. Main St., Patchogue; 631-500-9300, [smallcakespatchogue.com](http://smallcakespatchogue.com) Cupcakes are set out like artwork on two-tiered cake trays that line the store's glass counterfront. Caramel Crunch is a chocolate

cupcake filled and iced with caramel and topped with sea salt and pretzels; Cannoli is a chocolate chip cupcake topped with cream cheese frosting and a miniature filled cannoli shell; Pink Vanilla is a vanilla cupcake topped with the store's signature pink buttercream frosting; Hot Fudge Sundae is a chocolate cupcake filled with fudge and topped with whipped cream, sprinkles and a cherry. Each cupcake is \$3.75.

**WHILE IN THE NEIGHBORHOOD** Visit more than 100 injured or non-releasable wild and farm animals at the Holtsville Ecology Site & Animal Preserve, 249 Buckley Rd., Holtsville, free but \$5 parking fee beginning in May; 631-758-9664, [nwsdy.li/SCC](http://nwsdy.li/SCC)

**SPOONS ICE CREAM AND CEREAL BAR**

3935 Merrick Rd., Seaford; 516-804-9280, [spoonsli.com](http://spoonsli.com)

Lots of kids love cereal and milk, and of course they also love ice cream. How about a combo of cereal and ice cream? At Spoons, they start with

hard vanilla ice cream and then use a blender-like machine to pulverize a choice of cereals into the ice cream, winding up with a swirled, soft serve concoction. Customers can also choose to blend in toppings. The 18 cereal choices include favorites such as Frosted Flakes, Froot Loops and Cookie Crisp. Mix-ins include Heath Bars, Oreos and Reese's Pieces. Spoons serves the ice cream with a spoon that changes colors based on temperature. "If the spoon is green to start, when it hits the ice cream the base of the spoon will turn purple," says owner Sergio DeCiantis. It's \$6 for two cereals or mix-ins; 75 cents for each additional choice. Spoons is expanding in May to 100 Covert Ave., Stewart Manor, and 4905 Merrick Rd., Massapequa Park.

**WHILE IN THE NEIGHBORHOOD**

The littlest ones might want to explore the play area at the Sippy Cups Cafe while the grown-ups relax, 3890 Merrick Rd., Seaford, free; 516-221-3814, [sippycupscafe.com](http://sippycupscafe.com)

**MANNY'S SWEET TREATS**

156 Jericho Tpke., Mineola; 516-299-8099, [mannyst.com](http://mannyst.com)

Manny's milk shakes are literally over-the-top — sticking out of the top of the glass are items such as lollipops, cotton candy, Pop Tarts and more. Crazy shakes are called Guilty Pleasure, the Queen and the Royal, says owner Hector Carvalho. The Guilty Pleasure shake topping includes homemade doughnuts and brownies, Kit Kats and Pop-Tart; the Queen has cotton candy, a lollipop and gumballs; the Royal has birthday cake, cotton candy, Pop-Tart, assorted gummy candies and a lollipop. Crazy shakes are \$12.99 each.

**WHILE IN THE NEIGHBORHOOD**

Bowl a couple of games at AMF Sheridan Lanes, 199 E. Jericho Tpke., Mineola; 516-741-3444, [amf.com](http://amf.com)



parenttalk

Lego Shanghai: Come out and build a city

Lego fans can recreate the city of Shanghai, China, together at the Lego Architecture build event scheduled for 6 p.m. Saturday at the Barnes & Noble store in East Northport.

The Lego Architecture Shanghai set features the Chenghuang Miao Temple, Longhua Temple and Pagoda, Radisson Blu Hotel, Bund area, Oriental Pearl, World Financial Center and the Shanghai Tower. The Huangpu River is represented on the tiled base plate.

Participants take turns working on the set, says Susan Hladky, community business development manager. After the build event, the work will be on display in the store.

The store is at 4000 E. Jericho Tpke., East Northport.

For more information, call 631-462-0208 or visit [bn.com](http://bn.com).

— BETH WHITEHOUSE



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